

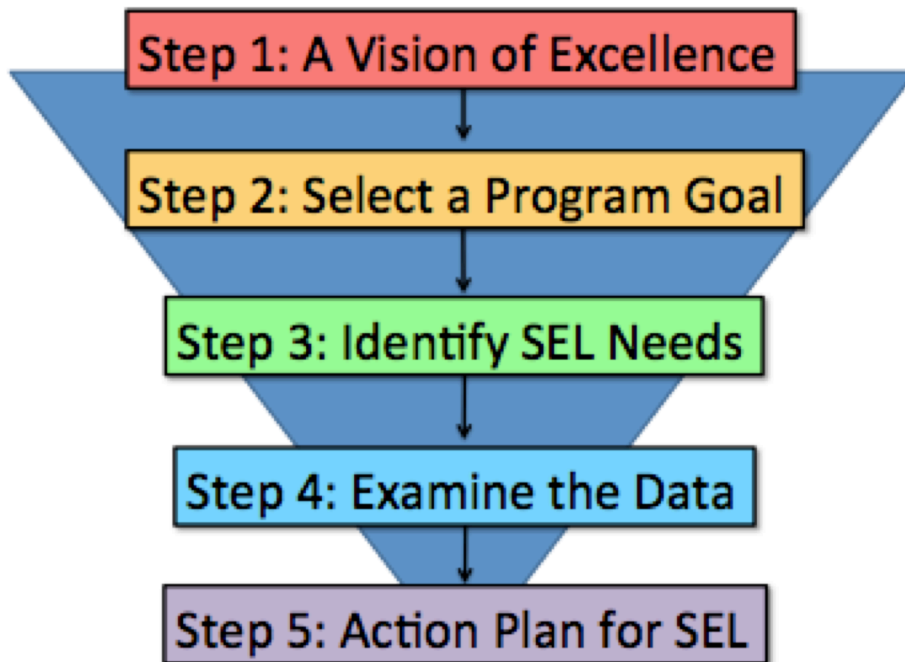


The PEAR Institute:
Partnerships in Education and Resilience

A large, light green horizontal bar is centered on the page. Behind it are four large, rounded, teardrop-shaped shapes in red, orange, green, and blue, arranged in a cross-like pattern. The text "SEL Action Planning: From Visions to Strategies" is written in bold blue font across the green bar.

SEL Action Planning: From Visions to Strategies

SE Skill	Definition
Perseverance	Pushing on through struggle toward a goal
Critical Thinking	Analysis and problem-solving
Positive Relationships	Skills for healthy, mutual relationships
Self-Regulation/Emotion Control	Managing intense emotions; choosing behaviors rather than reacting
Communication	Clear, productive sharing of thoughts and information; listening
Youth Leadership and Autonomy	Ability to choose, have a voice, and successfully move others toward a goal
Engagement in Learning	Value of school and learning
Teamwork	Participating or working with others productively toward a goal



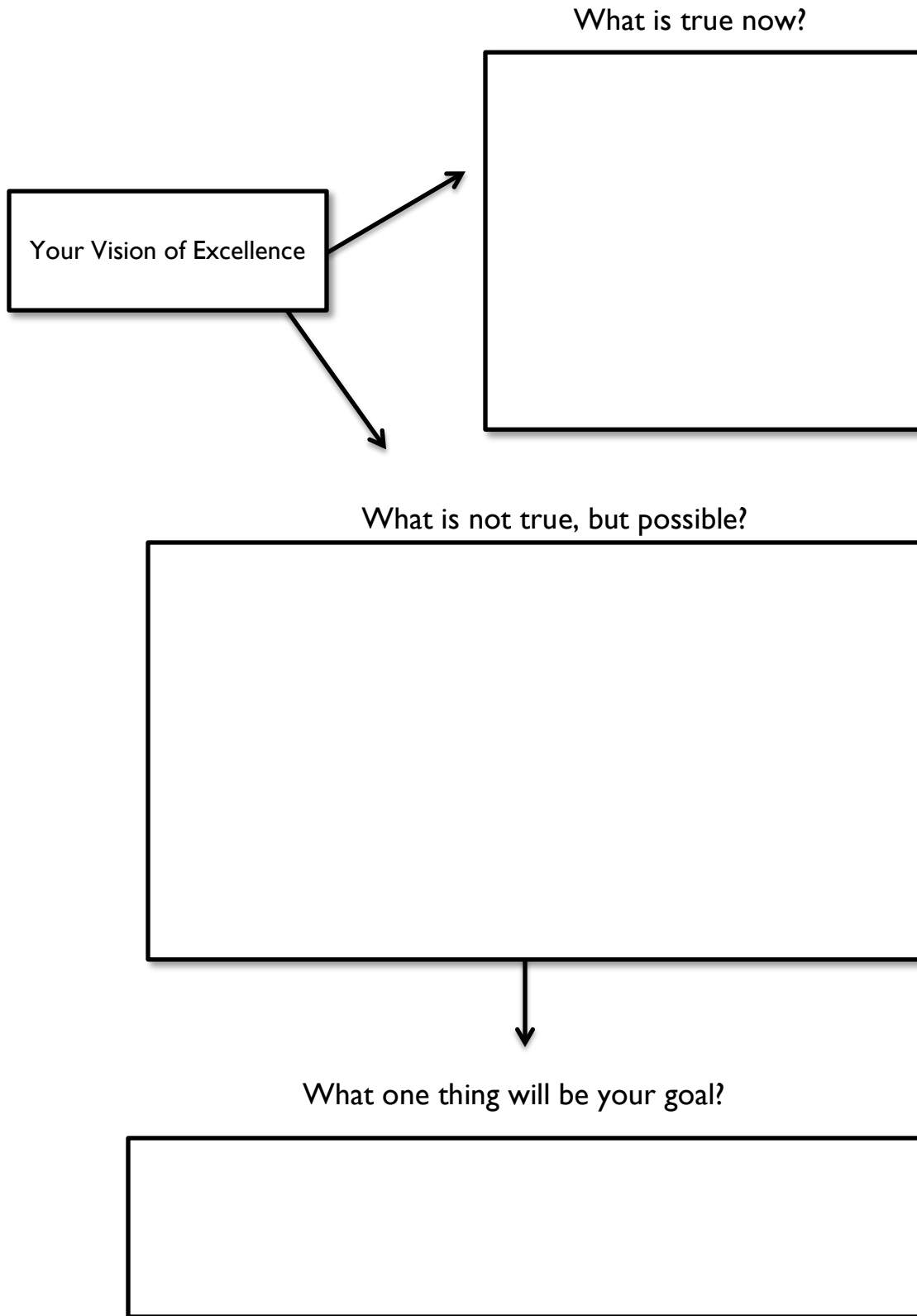


Step I: A Vision of Excellence

- 15 minute free-write activity
- Start from the moment your program starts; write through to dismissal
- Capture a typical day, but the BEST POSSIBLE day!
- What happens? What do you hear? What does it look like? What does it feel like?
- If you get stuck, just keep writing!

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Step 2: Select a Program Goal

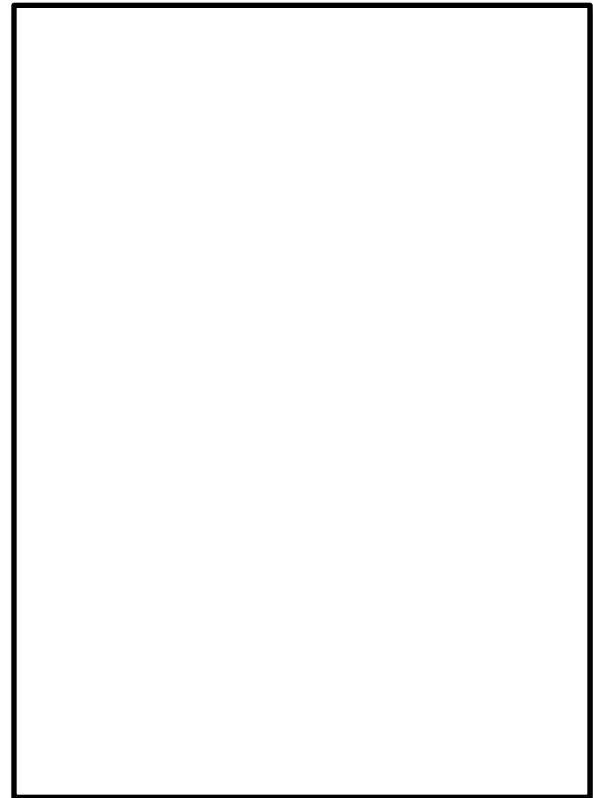
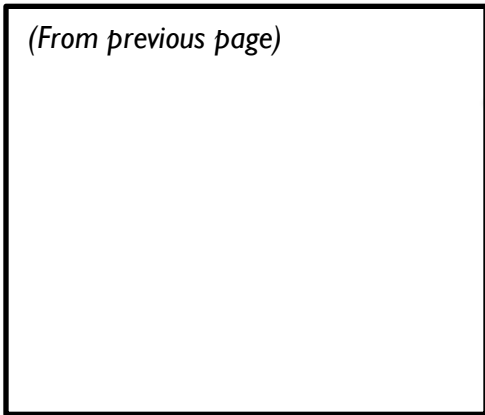


Step 3: Identify SEL Needs

What behaviors are expected from your youth in order for this to be achieved?

Your Goal

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What Social-Emotional Skills are required of them to be successful?



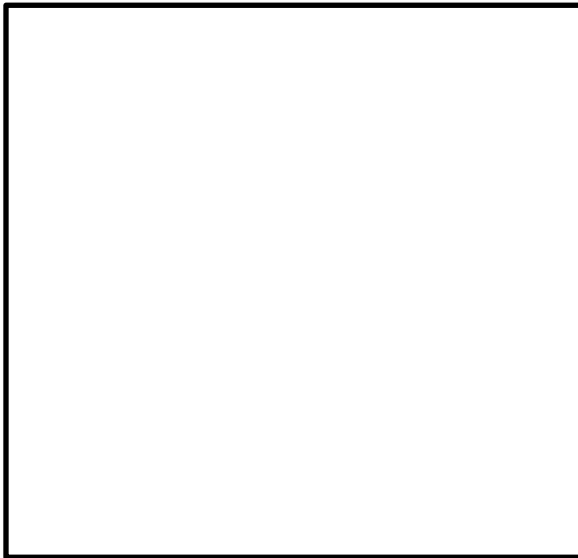
Step 4: Examine the Data

What SE Skills are required of your youth to achieve this goal?

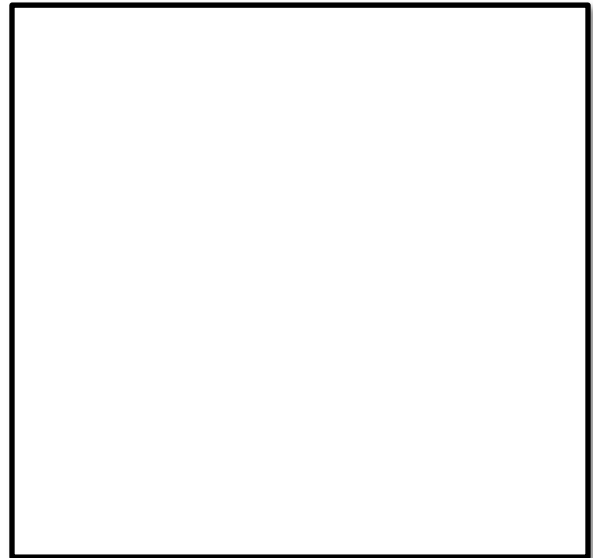
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*What are your strengths?
What are your challenges?
Where are the youth thriving?
Where are they struggling?*

What does the data say?



What have you observed?



What SE Skill Will Be Your Focus?





Coaching: From Skills to Strategies

What approaches are you currently using to support this SE Skill? What has been successful, and what hasn't been successful?

Explore the list of strategies for the SE Skills that will be your focus. Reflect on the following questions:

What do you envision working best from this list?

What from the list feels most doable right now? What feels least doable?

What feels the most related to your Goal?

Is there something on the list you would like to modify, personalize, or otherwise change or tweak to fit with your program?

Is there something you've already tried that you might want to try again, with or without some changes?

What strategy do you commit to taking on?

Transfer this to your SEL Strategy Action Plan!